

# CARMEL CONVENT SR. SEC. SCHOOL

GWALIOR (M.P.)



CBSE AFFILIATION NO. : 1030004

## CARMEL TIDINGS

ISSUE -3 , JANUARY ' 26 TO MARCH ' 26 EDITION

SESSION 2025 – 26

“Memories Made, Lessons Learned, Forever  
Cherished.”



# **Our Esteemed Management Team**

**GUIDING THE INSTITUTION WITH VISION AND  
INTEGRITY.**



**REV. SR. TESSY MARIA**  
**MANAGER**



**REV. SR. RAMYA VACCO**  
**PRINCIPAL**



**REV. SR. NOELLA**  
**VICE PRINCIPAL**

# Our Dedicated Coordinators

BRIDGING IDEAS AND ACTION WITH  
DEDICATION AND EFFICIENCY.



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**SENIOR SECONDARY WING**

**MRS. INDRANI MUKHERJI**  
**MIDDLE WING**



**MRS. SHOBHA THAKUR**  
**PRIMARY WING**

# **The Editorial Team: Voices Behind the Words**

**THE CREATIVE MINDS SHAPING EVERY PAGE  
WITH PRECISION AND PASSION.**

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# Acknowledgement

THE EDITORIAL TEAM EXTENDS ITS SINCERE GRATITUDE TO OUR REV. PRINCIPAL, RESPECTED COORDINATORS, THE COMPUTER DEPARTMENT, ART & CRAFT DEPARTMENT, MUSIC DEPARTMENT, DANCE DEPARTMENT, AND ALL TEACHING AND NON-TEACHING STAFF FOR THEIR UNWAVERING SUPPORT AND VALUABLE GUIDANCE. THEIR TIMELY ASSISTANCE AND COOPERATION PLAYED A SIGNIFICANT ROLE IN THE SUCCESSFUL COMPILATION OF THIS NEWSLETTER.

REGARDS,

EDITORIAL TEAM

# From the Principal's Desk

## Steady Minds, Stronger Futures : Managing Stress During Exams and Transitions

Dear Students, Parents, and Esteemed Members of our School Community,

As we approach the examination season and prepare for important transitions—whether stepping into a new grade, a new classroom, or a new stage of learning—it is essential to reflect on how we manage stress during these significant milestones.



Examinations and transitions are natural and necessary parts of growth. While they bring opportunities for achievement and progress, they may also create feelings of pressure or uncertainty. A moderate level of stress can motivate and sharpen focus; however, when it becomes overwhelming, it must be managed with awareness and care.

To our students, I would like to remind you that your worth is not defined by a single examination or a set of marks. Each one of you is unique, with individual strengths and talents. Plan your studies in manageable steps, remain consistent, and avoid last-minute pressure. Take care of your health through proper sleep, balanced meals, and short breaks to refresh your mind. Simple practices such as deep breathing or quiet reflection can restore calmness. Most importantly, never hesitate to seek guidance from your teachers, parents, or school counsellor. Asking for help is a sign of strength and maturity.

Transitions may sometimes feel uncertain, but they are also opportunities to grow, adapt, and discover new abilities within yourself. Embrace change with confidence and courage.

To our parents, your encouragement and understanding are invaluable during this time. Please focus on your child's effort and progress rather than only the outcome. Avoid comparisons, as every learner's journey is unique. A calm and supportive home environment fosters confidence and emotional security. Be attentive to signs of stress and offer reassurance when needed. Children draw resilience from the example set by adults around them.

As a united school community, our commitment extends beyond academic excellence to the holistic well-being of every child. True success is measured not only by marks but by character, perseverance, empathy, and the ability to rise above challenges.

Let us work together to ensure that examinations become opportunities for growth rather than sources of fear. With steady minds and confident hearts, our students can face every challenge and move forward toward brighter futures.

Warm regards,  
Sr. Ramya Vacco  
Principal

## Teaching with Heart: A Reflection on Education as a Vocation

A reflection session titled "Teaching as a Vocation" was conducted by Rev. Sr. Carmen (Provincial) to reaffirm the nobility of the teaching profession. The session began with a prayer, followed by a warm welcome address by Mrs. Upma Sharma, who introduced the purpose of the gathering. Rev. Sr. Carmen emphasized that teaching is a personal commitment and encouraged teachers to treat students with the care and concern of their own children. She also felicitated budding authors and special stress was laid on understanding learners' individual needs, especially supporting slow learners with patience and empathy. Heartfelt messages from present and former students shared on Teachers' Day beautifully highlighted the lifelong impact of dedicated teachers, reinforcing that teaching is truly a calling.



## Seeds of Peace: Martyrs' Day Peace Convention

Carmel Convent Senior Secondary School organized a Peace Convention for Class VIII students on Martyrs' Day, 30 January 2026, to promote inner peace, tolerance, and responsible conduct. The programme focused on cyber safety, ethical use of social media, respect for elders, and the importance of moral values in daily life. Sessions on meditation and inner peace highlighted stress management, emotional well-being, and better concentration. Eminent resource persons Dr. Bindu Singhal, Shirish Singhal, and Dr. Sunil Goyal enriched the convention with valuable insights. The gathering was inspired by the address of Principal Rev. Sr. Ramya, motivating students to lead peaceful and value-based lives. The convention concluded on an uplifting note, leaving a lasting impression on young minds.



# Atmanirbhar Bharat : A Glorious Tribute to the Spirit of Republic

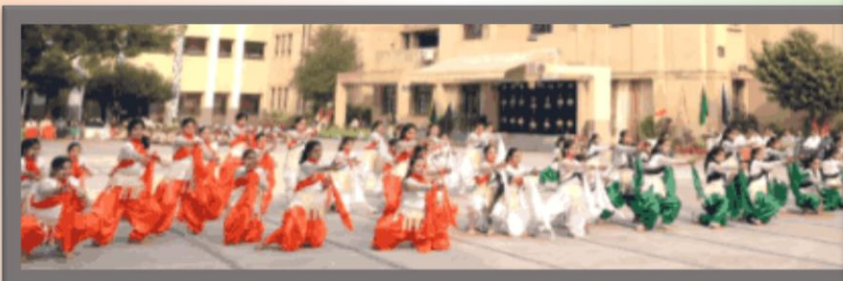
Carmel Convent Senior Secondary School celebrated the 77th Republic Day on 26th January 2026 with immense pride and patriotic zeal. The programme, organized by the students of Class IX, was based on the inspiring theme "Atmanirbhar Bharat."

The celebration was graced by the esteemed Chief Guest **Swastika Sagar**, a distinguished alumna and school topper. The event commenced with the lighting of the ceremonial lamp, invoking divine blessings.

This was followed by the hoisting of the National Flag and the soulful rendition of the National Anthem. A prayer service and Prayer for the Nation led by **Rev. Sr. Ramya** set a dignified tone.

Students presented vibrant cultural performances including a prayer dance and patriotic skit. Melodious patriotic songs, Hindi poetry, and a graceful skating performance enthralled the audience. The disciplined March Past by the houses reflected unity and coordination. The march past was evaluated by esteemed judges from **LNIFE**.

The CBSE Class X and XII toppers (Session 2024-25) were felicitated for academic excellence. The celebration reinforced constitutional values and inspired students to contribute to a strong, self-reliant India.



# Threads of Time: Bidding Adieu to Carmel's Class XII (2025-26)

The Farewell Ceremony for the Class XII batch of 2026 at Carmel Convent Senior Secondary School, Gwalior was celebrated on 29th January 2026 with warmth and elegance under the theme "Woven Memories." The programme was thoughtfully organized to cherish the journey of the outgoing students. The ceremony began with a serene prayer service led by School Co-ordinator Mrs. Usha Singh and the Class XII teachers, followed by scripture readings. Reverend Principal Sister Ramya Vacco then addressed the gathering, blessing the students and wishing them success in their Board examinations and future endeavours.

The formal programme opened with a graceful welcome by Vice Head Girl Nischal Bhardwaj, followed by an energetic Korean pop welcome dance.

A major highlight was the Miss Carmel Contest, featuring engaging rounds that showcased confidence and creativity. The event was judged by Mrs. Anika Vijan, Mrs. Mamta Tambat, and Miss Samiksha Bhartiya, along with teachers who awarded several special titles.

The programme also included captivating dance performances by Class XI students. Class XII students shared heartfelt reflections, with Head Girl Rudrapriya Dandotiya expressing gratitude for her fourteen years at Carmel. Students were later honoured for excellence in academics, sports, cultural activities, and active participation.

The coveted **Miss Carmel 2026** title was awarded to Rudrapriya Dandotiya. The celebration concluded joyfully with food, a DJ session, and a vote of thanks, leaving behind cherished memories true to the theme Woven Memories.



## Honouring Our Roots: Foundress Day Celebration

Foundress Day was celebrated with deep devotion and reverence by the teachers and students of Class VI on 29th January. The programme began with the lighting of the lamp by the Manager, Principal, Vice Principal, and Coordinator, symbolizing wisdom and selfless service.

Students beautifully highlighted the life journey and noble mission of our Mother Foundress, focusing on her dedication to the upliftment of girls, the poor, and the elderly. The principal addressed the gathering, inspiring students to follow the values of love, compassion, and service exemplified by the Foundress. The celebration concluded joyfully with the choir singing the birthday song, leaving everyone filled with gratitude and inspiration.



## A Journey of Values and Vision: Celebrating Foundation Day

### Foundation Day Celebrated with Zeal and Grace

On 11th February, Carmel Convent School celebrated its Foundation Day with great enthusiasm and reverence through a special morning assembly conducted by Class VII 'D'. The programme commenced with a serene prayer, followed by soulful music and an inspiring message, setting a reflective and uplifting tone for the occasion.

Pankhudi of Class VII 'D' eloquently presented the rich history of the institution, highlighting its glorious journey, strong values, and enduring legacy. Adding vibrancy to the celebration, the students staged a meaningful skit that beautifully depicted the significance of holistic development in a student's life.



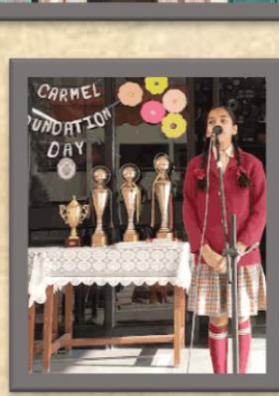
The presentation emphasized the importance of academic excellence along with social, emotional, and physical growth, encouraging students to evolve into confident, responsible individuals capable of making meaningful contributions to society. The assembly was a perfect reflection of the school's vision and ethos, making the Foundation Day celebration truly memorable and inspiring.

## **Curtains Down on a Remarkable Session**

Closing Ceremony was held on 11th February 2026 with great enthusiasm to mark the successful completion of the academic session. The programme commenced with a prayer, creating a serene and positive atmosphere.

The principal addressed the gathering and appreciated the remarkable achievements of students in academics, sports, and co-curricular activities. The speech motivated students to continue striving for excellence in all spheres of life.

Certificates were distributed to students in recognition of their hard work and accomplishments throughout the year. The ceremony concluded with a heartfelt vote of thanks, leaving everyone inspired, motivated, and proud of the year's achievements.



## **Gratitude in Action : Saluting Our School's Unsung Heroes**

To nurture the value of gratitude and respect among students, a special Thanksgiving Activity was organized for students of Classes VI-VIII. The objective of the activity was to help students recognize and appreciate the dedicated efforts of the people who work behind the scenes to keep the school safe, clean, and well-organized. Class VI students thanked the school guards and watchmen for ensuring the safety of the campus. Class VII students expressed their gratitude to the auxiliary staff aunties for maintaining cleanliness and helping in daily school activities. Class VIII students appreciated the office staff for their support in managing administrative work. Through this meaningful initiative, students learned the importance of acknowledging every individual's contribution and developed a deeper sense of empathy, respect, and gratitude towards the school community.

## **A Day of Gratitude, Grace and Farewell**

Carmel Convent Senior Secondary School, Gwalior, celebrated a special triple occasion—International Women's Day, Appreciation Day, and a heartfelt farewell for Mrs. Sushma on 10 March 2026. The event was attended exclusively by the staff members, making it an intimate and meaningful gathering.

The programme began with a serene prayer led by the anchors, Jenice and Jennifer, setting a peaceful tone for the day. Principal Rev. Sr. Ramya felicitated Mrs. Sushma with a planter, symbolising the dedication and care she has nurtured over her 16 years of service, as she now embarks on a new journey in Mysore. In her inspiring address, Sr. Ramya highlighted the strength and resilience of women and appreciated the invaluable contribution of educators. This was followed by the Appreciation Segment, where the efforts of the entire staff were acknowledged, with special recognition given to the coordinators—Mrs. Usha Singh, Mrs. Indrani Mukherjee, and Mrs. Shobha Thakur.



The programme included heartfelt tributes shared by colleagues, recalling cherished memories and experiences. The celebration was further enriched with lively dance performances and a soulful farewell song by the staff choir. Tokens of love and appreciation were presented by Manager Sr. Tessy Maria, Principal Sr. Ramya, and Vice-Noella. The event concluded on a joyful note with a "Dosa Party" at the Indian Coffee House, filled with warmth, laughter, and togetherness. The staff expressed their sincere gratitude to Mrs. Sushma for her dedicated service and wished her continued success and happiness in her future endeavours.



Principal Sr.



**"WITH GRATITUDE, WE BID  
FAREWELL TO A REMARKABLE  
EDUCATOR.**

**HER CONTRIBUTIONS WILL  
ALWAYS REMAIN A CHERISHED  
PART OF OUR JOURNEY."**



# Wings of Glory: Celebrating Inter-School Achievements

## Quiz Whiz Triumph at the Interschool Challenge

Carmel School, Gwalior, proudly participated in an Interschool Quiz Competition on *Operation Sindoor*, organized under **Pariksha Pe Charcha** and hosted by **PM Shri Kendriya Vidyalaya No. 1, Gwalior** on 23 January 2026. The event witnessed enthusiastic participation from 15 schools, fostering a spirit of healthy competition and learning. Our school was represented by confident participants at both levels, with Akshara Soni, Anika, and Vaishnavi Gupta at the Secondary Stage, and Alvira Khan, Anushree Dubey, and Shreya Jain at the Middle Stage. Demonstrating excellent knowledge and teamwork, the students performed commendably throughout the quiz. A proud moment for Carmel came when **Anushree Dubey (Class VIII F)** secured **Second Position**, bringing laurels to the school. The competition proved to be an enriching experience, enhancing awareness, critical thinking, and academic enthusiasm among students.



## Carmel's Golden Journey: Honoured at Teen Murti Bhavan

Carmel School, Gwalior, proudly celebrated outstanding success in the *International Hindi Olympiad (2025-26)* organized by **Hindi Vikas Sansthan**, where 223 students participated with great enthusiasm. The remarkable performance earned 38 Gold, 18 Silver, and 17 Bronze Medals, reflecting students' excellence and love for the Hindi language. Adding to the glory, three students were specially felicitated at **Teen Murti Bhavan** during a two-day ceremony on 30 January 2026. Samriddhi Shivhare (III D), Varnika Thapa (VII F), and Aina Fatima (X C) received Gold Medals, certificates, a school shield, and a cash prize. This achievement stands as a proud testimony to students' dedication, teachers' guidance, and parents' support, bringing great honour to the Carmel family.



## A Glorious Triumph for Carmel Convent School

Carmel Convent School achieved a remarkable success by securing **First Position** in the Inter-School March Past Competition, held at **Laxmibai National Institute of Physical Education (LNIPE)** with participation from **2500 students of 10 schools** reflecting outstanding discipline and teamwork.

The **Mass Display team** also performed excellently and won the **First Consolation Prize**.

With consistent excellence, the school was declared the **Overall Champion of the Tournament**.

This achievement is a proud testament to the dedication of our students and the guidance of our teachers.



## CCSSS Artists Paint a Path to International Glory!

In August 2025, students of CCSSS enthusiastically participated in the National Level Painting Competition organized by Rangotsava Celebration Mumbai for Classes 1-12. Out of 872 participants from the school, 252 students were felicitated with trophies, medals, gifts, and certificates, and have been selected for the International Level Art Competition. Among them, 11 students won trophies and prizes, 10 received consolation prizes, while many others secured gold, silver, and bronze medals. The school now looks forward to their participation in the International Level Competition scheduled for January-February.



**YOU DIDN'T JUST WIN A COMPETITION—  
YOU SET A BENCHMARK.  
KEEP PUSHING LIMITS AND MAKING  
YOURSELVES PROUD.”**



# Showcasing Excellence: Inter-House Achievements

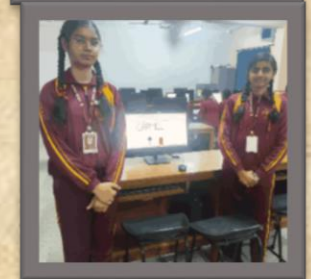
## EVENT REPORT: EXCEL PIXEL ART CHALLENGE

The Computer Department recently hosted an exciting "Excel Pixel Art Challenge" on 31st January for students of Classes 9-12, transforming the traditional spreadsheet into a vibrant digital canvas. The activity tested not only students' design skills but also their communication and teamwork.

Participants worked in teams divided into "Describers" and "Designers." While Describers explained secret objects, Designers—without seeing the original—used only the Excel fill tool to recreate them as pixel art. The Senior Computer Lab buzzed with concentration as students resized cells, chose colours, and carefully built their digital masterpieces.

The creativity and precision displayed were remarkable. After evaluation by the judges, the results were : 1st Place : Green House, 2nd Place : Blue House, 3rd Place : Yellow House, 4th Place : Red House

The challenge proved that even a spreadsheet can become a platform for imagination and collaboration.



## THE TRI-LEVEL DIGITAL SCAVENGER HUNT

The Computer Department organised an exciting Tri-Level Digital Scavenger Hunt on 31st January 2026 for students of Classes VI-VIII. Teams of three—one student from each class—worked together to solve cryptic riddles and locate hidden codes across the school campus. The activity tested students' logical thinking, speed and teamwork as they raced from the Computer Lab to different corners of the school. The excitement peaked when teams gathered in the AV Room to assemble their codes and complete the challenge.

The results were: 1st - Yellow House, 2nd - Green House, 3rd - Red House, 4th - Blue House

The event was both engaging and intellectually stimulating, leaving students enthusiastic for more such activities.



# Beyond Boundaries: Celebrating Individual Excellence

## Shining Glory at the 37th Sub Junior State Taekwondo Championship 2025

At the 37th Sub Junior State Taekwondo Championship 2025, held from 19th to 21st December 2025, our young champions made us proud with their outstanding performances.

Arohi Rana (VD) clinched a Silver Medal, while Drishal Bohare (IV E) secured a Bronze Medal, showcasing remarkable skill, determination, and sportsmanship.



## Team Spirit Shines at Second Wall Painting Event

We are delighted to share that Himanya Agarwal and Rashika Jaiswal of Class VII E participated in the Second Wall Painting event organized by Nagar Nigam on 8th February, 2026. The event was held from 9:00 a.m. to 3:00 p.m. at the venue located behind the Mela Ground.

Representing the school as a team, both students displayed remarkable coordination, creativity, and artistic enthusiasm. Their collaborative effort beautifully reflected teamwork and dedication throughout the event.

In recognition of their commendable performance, the team was awarded a Consolation Prize, receiving a certificate each along with a cash prize of ₹500/- for the team.



## Karate Star Shines at National Championship

Nitya Agarwal (V D) proudly represented the school at the 9th Warrior All India Karate Championship held at LNIPE, Gwalior. She delivered an impressive performance and secured the second position, earning a silver medal in the competition.



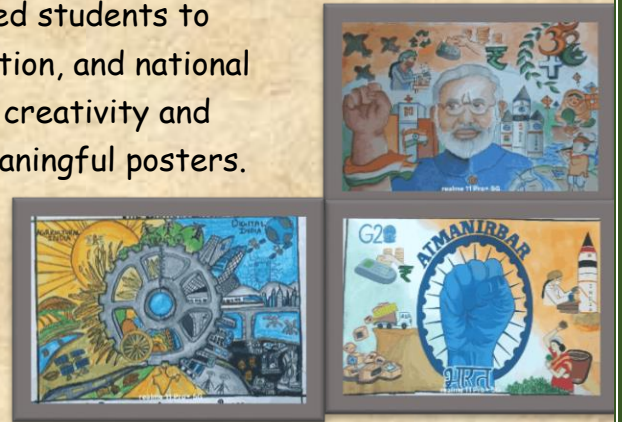
## Self-Reliance in Colours : Aatmanirbhar Bharat Poster Making Competition

A Poster Making Competition was organised on 19th January, 2026 for students of Classes VI to VIII under the campaign of Aatmanirbhar Bharat. The theme for the event, "Aatmanirbhar Bharat - Mantra of Prosperity", inspired students to creatively express their ideas on self-reliance, innovation, and national development. The participants showcased remarkable creativity and thoughtful perspectives through their vibrant and meaningful posters.

Winners :

- \* 1st Position : Vibhuti Bhargava (VII E)
- \* 2nd Position : Rashika Jaiswal (VII E)
- \* 3rd Position : Aadhya Jain (VI F)
- \* 3rd Position : Hridya Vishwakarma (VIII C)

The competition was a great success and encouraged students to reflect upon the importance of self-reliance in building a prosperous nation.



## Colours for a Cause : Voices Against Child Marriage

Under the nationwide campaign **Bal Vivah Mukta Bharat**, a Poster Making Competition was organized for Classes VI to VIII on 30th February 2026 to raise awareness against child marriage.

Students participated with great enthusiasm, creating vibrant and thought-provoking posters promoting a safe, educated, and empowered future for every child. Their artwork reflected sensitivity, creativity, and a strong commitment towards building a child-marriage-free India.

**Winners:** 1st - Himanya Agarwal (VII E), 1st - Hridya Vishwakarma (VIII C), 2nd - Rashika Jaiswal (VII E), 3rd - Manasvi Shukla (VI C)

The event proved to be a meaningful initiative, giving students a powerful platform to express their voices for an important social cause.



# Empowering Educators: Teacher's Training & Workshops

## Fostering Equality: Capacity Building Programme on Gender Sensitivity

Mrs. Liz Lawrence and Dr. (Mrs.) Aarti Sharma attended a Capacity Building Programme on Gender Sensitivity in Schools organized by Central Board of Secondary Education on 17 January 2026. The programme focused on strengthening educators' understanding of gender equality, inclusiveness, and equity in school settings. Key issues such as gender stereotypes, discrimination, and sensitivity towards transgender individuals were addressed through reflective discussions and real-life examples. The sessions were enriched by insightful inputs from Ms. Deepika Bhambani, Principal, Amity School, and Mr. Parveen Kumar Zear, Principal, Podar International School. Overall, the programme was highly enriching, empowering participants to foster respectful, inclusive, and gender-sensitive learning environments in schools.



## Reflect, Reform, Revitalize: A Pedagogical Transformation

Gwalior Sahodaya Samiti conducted a workshop at Scindhia Kanya Vidhyalaya, Gwalior (M.P.) under Faculty Development Program. Workshop was divided into two sessions.

Session I: Social Science - Ratnasagar (Mr. Gaurav Singh Solanki)

- Explained the difference between Social Science and Social Studies
- Used literature (A Doll's House, Candida) to teach sociological concepts
- Focused on developing empathy, social sensitivity, and critical thinking

Session II: Pedagogical Approach - Macmillan (Ms. Prachi Priyanka)



- Reflective, activity-based, and learner-centred teaching strategies
  - Key principles:
    - Language is lived, not memorised
    - Meaning before terminology
    - Response before correctness
  - Used Shakespeare's Macbeth to promote reflective learning and critical engagement
- Outcome

The seminar equipped teachers with practical strategies to shift from rote learning to reflective, meaningful, and student-centred classroom practices.

## Shaping the Future: CBSE Webinar on Board Exams 2026

The **Central Board of Secondary Education** conducted an informative webinar on 13 February 2026 for teachers of Classes X and XII. The session outlined major reforms for the 2026 Board Examinations, focusing on revised guidelines, transparency, and efficiency in assessment. Special emphasis was laid on digital initiatives, including on-screen evaluation for Class XII.

Teachers were also briefed about the introduction of two examination opportunities for Class X from 2026. The

Controller of Examinations explained key procedures, duties, and timelines in detail.

The interactive webinar effectively addressed teachers' queries, ensuring clarity and smooth conduct of future examinations.



## CBSE Workshop on NCF 2023

A brief yet enriching workshop on the National Curriculum Framework (NCF) 2023 was organized by the Central Board of Secondary Education on 31st January at Venus Public School. The session was conducted by the resource person Brahma Jeet Singh Kushwah, who clearly explained the key aspects of NCF 2023 and its practical implementation in daily teaching.



## Exams as a Celebration: Inspiring Moments from Pariksha Pe Charcha

On 6th February 2026, our school organized a special viewing of Pariksha Pe Charcha, an interactive programme led by Narendra Modi. During the session, the Prime Minister interacted with students nationwide and shared valuable tips on time management, concentration, stress management, and maintaining a positive attitude towards exams.

He encouraged students to view examinations as a celebration of learning rather than a burden. The insightful guidance motivated students to believe in their abilities and stay confident. The session proved to be inspiring, informative, and reassuring for all.

Overall, it was a meaningful and enriching experience for the students.



## Bridging the Future: National Conclave SETU 2026

The *National Conclave SETU 2026* was held on 23rd-24th January 2026 at **Lakshmi Bai National Institute of Physical Education, Gwalior**.

The conclave brought together policymakers, academicians, coaches, and sports experts from across the country to strengthen sports education.

Discussions focused on modern training methodologies, integration of sports science, and alignment with the National Education Policy.

A significant outcome was the *SETU 2026 Declaration*, outlining a roadmap for the future of sports education in India.

We are proud that Mrs. Pragya Dandotiya, our sports Teacher, actively participated in this prestigious national event.



## Teachers Shine in Class Edge Classroom Championship XI

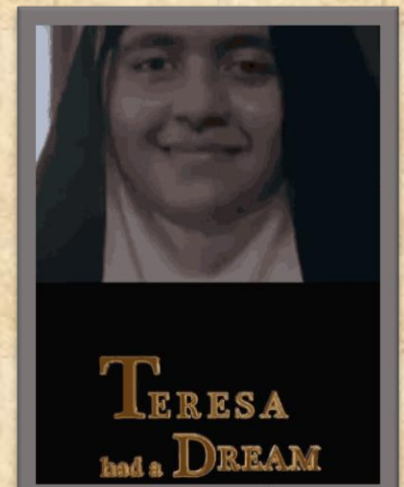
Our school proudly participated in the Class Edge Classroom Championship XI, organized by Tata Class Edge, to recognize teachers who effectively integrate technology into classroom teaching. The Prelims round, held on 20th November 2025, was conducted in written format. Two of our teachers successfully qualified, with the results announced on 7th February 2026 : Ms. Jennifer Highfield (KG-V Group) and Mrs. Indrani Mukherjee (VI-XII Group). Their achievement highlights the school's commitment to innovative and technology-enabled learning.



## Inspiring Faith & Vision - Teresa Had a Dream Screening

A special screening of the movie Teresa Had a Dream , based on the life and vision of our Mother Foundress, St. Rose of Lima, was held on 18th and 19th January 2026.

All teachers from Primary to Senior Secondary had the privilege of viewing the film. The screening was a spiritually enriching experience, inspiring everyone to reflect on her life of faith, dedication and service. This meaningful opportunity was graciously provided by our honourable Principal, Rev. Sr. Ramya.



**“INSPIRED BY THE SIMPLICITY  
AND STRENGTH OF ST. ROSE OF  
LIMA,  
MAY WE GROW IN FAITH,  
HUMILITY, AND SERVICE TO  
OTHERS.”**



# Joyful Learning on Bagless Day

The school celebrated Bagless Day on 17th January 2026 with engaging, activity-based learning for students of Classes I to VIII. The day aimed to promote experiential and joyful learning in line with National Education Policy 2020.

**Class I - Seasons :** Students explored different seasons through songs, drawings, and discussions, learning about seasonal weather, clothing, food, and activities.

**Class II - Value Education :** Students learned about prayer and different places of worship, helping them understand respect for diverse beliefs and values.

**Class III - Save Money, Save Future :** Students made creative piggy banks using waste materials and planned a birthday party within a budget of ₹500, learning the importance of saving and smart spending.

**Class IV - Azadi Ke Diwane :** Students drew national symbols, enjoyed patriotic dance, and watched the inspiring biography of A. P. J. Abdul Kalam.

**Class V - Azadi Ke Diwane :** Activities included poem recitation, role plays on freedom fighters, poster making, patriotic songs, and an inspirational story about A. P. J. Abdul Kalam.

**Class VI - Election:** Students participated in a democratic class monitor election, fostering leadership, teamwork, and voting awareness.

**Class VII - Shrimad Bhagwat Gita Shlok Gayan & Drawing:** Students participated in **Gita Shlok Gayan**, reciting verses with devotion and understanding their meanings. They also **drew the Kurukshetra scene**, providing a **Sanskrit explanation** to bridge spiritual wisdom with artistic and linguistic creativity.

**Class VIII - Kite Making (Tricolour Theme):** The **Kite Making** activity was conducted with a patriotic theme, where students used **saffron, white, and green** papers to create vibrant tricolour kites. This hands-on session allowed students to express their creativity while fostering a sense of **national pride** and unity.

The activities encouraged creativity, patriotism, values, and financial awareness, making the day both educational and enjoyable for students.

# Assembly Glimpses



# Budding Wordsmiths

## Third eye -A haunted dream

Once there lived a boy named Arav in a mountain village. One evening, while wandering near a hidden cave, he found a strange glowing stone. as soon as he touched it, a Whisper echoed in the air, "awaken the third eye and you will see the unseen ". Suddenly, Aarav felt a burning heat on his forehead. a bright third eye appeared, shining hotter and brighter each second. that night , he began to see Dark Shadows moving around the village . strange voices whispered. Secrets in his ears . the villagers grew frightened and started avoiding him. even his friends stopped playing with him. Arav felt lonely and confused. the third eye seemed Haunted. it opened at night and showed him scary visions. the Shadows told him he was chosen to serve them. Aarav became sad because no one talk to him except his parents, and even they looked worried.



One night, as a Whisper grew louder and the shadows came closer, Arav's mother suddenly shouted," Aarav wake up!" he opened his eyes quickly. He was lying safely in his bed. There was no glowing stone, no shadows and no third eye. Arav sighed with relief and said, " Oh ! it was just a dream ". But as he touched his forehead, he felt a slight warmth. Aarav wondered quietly...

Was it really only a dream?

Dishita Sharma VII B

## The story of students with Money plants branches

There are many plants in this world, but today in this story I would like to choose the Money plants, because I want to tell that the lives of thousands of students are also connected to this Money plant. Just like a Money plant needs support, climbs upward and move ahead leaving behind all the difficulties of its life that motivate it to grow , in the same way students also need support. There are supported by their parents, their teachers, and their friends. So, I would like to take the example of Rose flower. A rose is soft from the outside, but it has thorns inside. However, if the thorns are cut, it does not hurt people and the flower safely reaches its destination in the same way a student's life is also like this. If a student has any problem in their mind, heart or life only their parents and teachers can truly understand them and help remove every difficulty.



Moral of the story:

Just like a plant needs support to grow, a student needs guidance to succeed.

**Adhya Singh VIII C**

## **The Mirror of Morgue**

Once there was a detective who was known for her obsession with cold cases, her name was ZOYA BRANTSEVICH. She did not just solve the cases; she felt them. The one that left no footprints, no witness and no hope. A new assignment came on her desk, was however it felt different. It was a recent murder in a Suburban neighbour, yet she could not find any single record of the victim's life to the death.

The victim was a woman, approximately Zoya's height and age, found holding a small silver locket containing an old photo of a lighthouse.

Zoya had a similar photo on her desk.

"No witnesses, no forensic traces", her partner murmured, looking at the evidence board Zoya had covered in her red string.

"There is always a trace" Zoya replied her eyes narrowing. They always leave something behind.

For weak Zoya barely slept. She re-watched surveillance footage from the area and studied and the trajectory of the bullet, and analysed the victim's footprint were unmatchable, as if she had no post.

Zoya stored a strange sense of Deja vu. She would arrive at the office in the morning and find her notes rearranged or disorder. She had written down clues in her notebook that she didn't remember uncovering. He blamed it on exhaustion.

The break came when forensic analysed the dirt on the victim's shoes. It was a rare clay-like soil only on the shore of a local reservoir.

"I have been there" Zoya thought. "I used to go there when I was stressed".

She wrote to the reservoir, her mind racing. She was redressing her own steps, trying to get into the mind of the killer to understand why they brought the body here. Then, she noticed something in the mud-a small, tone piece of fabric. She looked at her own coat. It was the same material.

A chilling sensation washed over her. She poked out her police issued gun, looking at the serial number. Then, looked at the ballistic report from the number case- the bullet matched her weapon.

She returned to the station; her hands were shaking. She went to the evidence locker and checked her service weapon. A bullet was missing.

She went to her desk, not looking at the victim's photo, but at the photo of herself on the ID badge. The realisation struck her like a physical blow. The victim wasn't someone she was looking for; the victim was the person she used to be before the pressure of that broke her mind.



The "killer" she was hunting, was her own somnambulistic self- a split personality acting out to eliminate the stress.

She didn't call her partner. Instead, she sat in her chair, picked up her phone, and dialled the captain's number, steering at the evidence board and now pointing only to her.

"I found the killer", she whispered, a tear falling onto the photo of the women in the warehouse. "It's me."

By **Shubhi VI C**

## The Mirror

Ananya was spending her summer vacation at her grandmother's old house in the countryside. The house was beautiful but old — wooden floors that creaked at night, long hallways that echoed, and heavy curtains that barely let in light. She was staying in the guest room. The room had a large wooden bed, a small table, and directly in front of the bed stood a tall antique mirror with a dark carved frame. It looked older than everything else in the house.

When Ananya first noticed it, she asked her grandmother casually, "Why keep such a big mirror here?" Her grandmother paused for just a second before replying, "It's been there for many years. Just don't stare at it too long at night." Ananya laughed. It sounded like one of those old superstitions.

That night, she went to sleep normally.

3:30 a.m.

Ananya suddenly woke up. She didn't know why. The room felt colder than before. The air felt heavy. Even the silence felt different. She turned slightly in her bed. And her eyes landed on the mirror. Her heart stopped.

In the mirror...

She was sitting up.

But in reality, she could feel herself lying flat under the blanket. Her reflection was sitting at the edge of the bed, hands resting on its lap, staring straight ahead. Ananya tried to move.

She couldn't.

Her body wouldn't respond. The reflection slowly tilted its head to one side. Then it turned... and looked directly at her.

Its eyes were darker.

And then it smiled.

Not a normal smile. A slow... stretching... unnatural smile. A whisper echoed — not from the room, but inside her mind.

"You weren't supposed to wake up."

The reflection stood up. There were no footsteps in the real room. But in the mirror, she could hear them.

Step. Step. Step.



It walked closer to the glass. Pressed its palm against the inside of the mirror. And Ananya felt something icy touch her own hand. Even though she hadn't raised it. Suddenly—The clock ticked.

3:31 a.m.

Everything snapped back. She could move. She was lying down. The mirror showed her normally again.

Morning came. At breakfast, Ananya told her grandmother everything. Her grandmother went very quiet. After a long pause, she said softly,

"That mirror belonged to a girl who used to wake up every night at 3:30."

Ananya swallowed. "What happened to her?"

Her grandmother didn't answer.

The next night, Ananya forced herself to stay awake.

3:28.

3:29.

Her heart was racing. When the clock hit 3:30, the ticking stopped. The mirror began to fog — but from the inside. This time, the reflection wasn't in the bedroom. It was standing in a dark hallway filled with doors. Mirror-Ananya looked scared. She ran toward the glass and pressed both hands against it. "Don't let it take—"

A shadow moved behind her.

Tall. Thin. Wrong.

It grabbed the reflection and dragged it backward into darkness. The mirror cleared.

And now the reflection was normal again.

Too normal.

Because it blinked.

But Ananya hadn't blinked. The reflection slowly lay down on the bed inside the mirror.

Closed its eyes. And fell asleep. Ananya tried to scream. But she couldn't. Because she wasn't in her bed anymore.

She was standing in a dark hallway.

Cold floor under her feet. Rows of closed doors around her.

Behind her... something breathed.

And somewhere, in her grandmother's guest room... Another Ananya was sleeping peacefully.

Waiting for 3:30.

The next morning, her grandmother entered the guest room. Ananya was asleep. Calm. Still.

But something felt different. As her grandmother turned to leave, she accidentally glanced at the mirror.

For just a second... She saw a girl inside it. Standing. Pressing her hands against the glass.

Trying to scream. And every night, at exactly 3:30...

The mirror waits.

**By Varnika Tiwari VIII F**

## The Five-Minute Magic

Every morning before school, I look at the clock. And every morning, I wish for five extra minutes. Five minutes to sleep more. Five minutes to finish homework neatly. Five minutes to tie my hair properly without rushing.

One day, something strange happened.

I woke up late. Very late. I looked at the clock and almost shouted.

"I'm going to be late!"

I rushed to brush my teeth. But when I came back to my room... the clock showed the same time. Exactly the same. I blinked. Maybe I saw wrong. I packed my bag quickly. Again, I checked the clock. Still the same time. It felt like time had stopped.

I slowly sat down on my bed. Was this my five extra minutes?

I looked around my room carefully. The sunlight was coming in softly. My books were stacked neatly. My school badge was shining on the table. I don't know why, but instead of panicking, I felt calm. I used those "five minutes" to check my homework once more. I tied my hair properly. I even helped Mama by filling my water bottle without rushing.

Then suddenly... The clock ticked.

Time started moving again. Everything felt normal.

That day in school, I was confident, fresh, and prepared.

And you know what I realised? Maybe time does not actually stop.

Maybe we just need to stop for five minutes. Now, whenever I feel stressed, I close my eyes and take five slow breaths.

That is my five-minute magic.

And it works every time.

**By Anika Bajpai VIF**



## The Cicadas' Song

The days that await us are grey and blue,  
The days that await us bring woe and glory.  
The days that await us sing and weep  
A wretched calm song of the cicadas dies.

These coming days bring harbingers

Of joy,

Of sorrow.

Neither a saviour

Nor a blade.

The days that await us will pass.



The sun,  
The wind.  
We do not follow them.  
They merely await us,  
They do not wait.

The days that await us bring love and grief,  
Yet we wake.  
Still hungry,  
Still breathing.  
Still here.  
The days that await us are merely days folded under the same sun.  
Footsteps.  
Weather.  
Another morning.

**By Inaya Irfan**  
**VIII C**

## **Sometimes**

Many a times you devote yourself too much to a thing  
Yet. Sometimes...  
fruitful results it does not bring...  
You hope and hope since your hope is infinite...  
But sometimes it sets so badly saying it is the end, it is finite...

You give the trials; you fail in each...  
Sometimes you feel, will I ever be able to reach...  
Sometimes you say , "I am better than all"...  
Yet another day it seems, I was not at par at all...

When you dive in reality, you see so many clues...  
Giving you so many lessons ,and a feel of amuse...  
No one enjoys the happiness all through the way...  
Just like a beautiful flower embracing itself, turns wilted another day ...

Also, nobody gets the sorrows all the time...  
Just as the sky at night would certainly turn bright...  
There is nothing distinct as they say...  
Changes are only constant ,come what may...

Facing changes and yet being what you are...



Learning to accept them, and opening the hope from every jar...  
But what I feel, I'll share with you...  
With these changes, you can mould your route ,with beautiful hue...

Just one firm trust on yourself and your creator,  
Will take your life to a height much greater ...  
Because, it is only sometimes when such arduous moments come...  
Yet many a times, developing a better you to Hum...

It's only sometimes when God wants to give you the test ...  
To prove yourself better than the rest...  
So, whenever you come across such Road...  
Make sure to give your best and believe you would...

Because, it is sometimes only, when you get the chance ...  
To learn to fight in the life's difficult glance...

**By Akshara Soni X B**

## **THE RAREST FIND**

In this vast world, you're my rarest find, no one like you with a heart so kind.  
You're the one who makes me laugh and smile, the sweetest mother, making life worthwhile.



You're my blessing, my heart felt prayer, in this tough life, you're always there like a sweet light, you shine so bright, without you, I wouldn't know the meaning of life, or what's right. You have felt the pain, yet you gave me joy, Filling my days with love, never decoy.  
You gave me everything I ever needed in your warmth, all my fears are defeated. You are my anchor, my calm, my grace, my heart finds peace in your warm embrace. You are not just my mother, but my guiding star, no matter where I go, you will always be my heart's true bar.  
For all you have given, for all you have done, you are my moon, my rising Sun with every breath, I thank the sky for giving me the love of a mother, who never says goodbye.

**Anshika Jain IX B**

# NEW HORIZONS AWAIT

*As one chapter closes, we stand tall,  
With memories treasured, one and all.  
Each lesson learned, each dream we've  
grown,*

*Has shaped the strength we now have  
known.*

*With hopeful hearts, we step anew,  
Towards endless paths and skies so blue.*

*For every ending we outgrow,  
Leads to a brighter start we'll know.*

THANK YOU